

Manitou Gold Inc.

Interim Management's Discussion & Analysis – Quarterly Highlights

For the three and six months ended June 30, 2016

Discussion dated: August 23, 2016

Introduction

The following interim Management Discussion & Analysis ("Interim MD&A") of Manitou Gold Inc. ("Manitou" or the "Company") for the three and six months ended June 30, 2016 has been prepared to provide material updates to the business operations, liquidity and capital resources of the Company since its last annual management discussion & analysis, being the Management Discussion & Analysis ("Annual MD&A") for the fiscal year ended December 31, 2015. This Interim MD&A does not provide a general update to the Annual MD&A, or reflect any non-material events since date of the Annual MD&A.

This Interim MD&A has been prepared in compliance with section 2.2.1 of Form 51-102F1, in accordance with National Instrument 51-102 – *Continuous Disclosure Obligations*. This discussion should be read in conjunction with the Company's Annual MD&A, audited annual consolidated financial statements for the years ended December 31, 2015 and December 31, 2014, together with the notes thereto, and unaudited condensed interim consolidated financial statements for the three and six months ended June 30, 2016, together with the notes thereto. Results are reported in Canadian dollars, unless otherwise noted. The Company's unaudited condensed interim consolidated financial statements and the financial information contained in this Interim MD&A are prepared in accordance with International Financial Reporting Standards ("IFRS") as issued by the International Accounting Standards Board and interpretations of the IFRS Interpretations Committee. The unaudited condensed interim consolidated financial statements have been prepared in accordance with International Standard 34, Interim Financial Reporting. Accordingly, information contained herein is presented as of August 23, 2016, unless otherwise indicated.

For the purposes of preparing this Interim MD&A, management, in conjunction with the Board of Directors (the "Board"), considers the materiality of information. Information is considered material if: (i) such information results in, or would reasonably be expected to result in, a significant change in the market price or value of Manitou common shares; (ii) there is a substantial likelihood that a reasonable investor would consider it important in making an investment decision; or (iii) it would significantly alter the total mix of information available to investors. Management, in conjunction with the Board, evaluates materiality with reference to all relevant circumstances, including potential market sensitivity.

Further information about the Company and its operations can be obtained from the offices of the Company or from www.sedar.com.

Caution Regarding Forward-Looking Statements

This Interim MD&A contains certain forward-looking information and forward-looking statements, as defined in applicable securities laws (collectively referred to herein as "forward-looking statements"). These statements relate to future events or the Company's future performance. All statements other than statements of historical fact are forward-looking statements. Often, but not always, forward-looking statements can be identified by the use of words such as "plans", "expects", "is expected", "budget", "scheduled", "estimates", "continues", "forecasts", "projects", "predicts", "intends", "anticipates" or "believes", or variations of, or the negatives of, such words and phrases, or state that certain actions, events or results "may", "could", "would", "should", "might" or "will" be taken, occur or be achieved. Forward-looking statements involve known and unknown risks, uncertainties and other factors that may cause actual results to differ materially from those anticipated in such forward-looking statements. The forward-looking statements in this Interim MD&A speak only as of the date of this Interim MD&A or as of the date specified in such statement. The following table outlines certain significant forward-looking statements contained in this Interim MD&A and provides the material assumptions used to develop such forward-looking statements and material risk factors that could cause actual results to differ materially from the forward-looking statements.

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Forward-looking statements	Assumptions	Risk factors
The Company will be able to continue its business activities.	The Company has anticipated all material costs and the operating activities of the Company, and such costs and activities will be consistent with the Company's current expectations; the Company will be able to obtain equity funding when required.	Unforeseen costs to the Company will arise; any particular operating cost increase or decrease from the date of the estimation; and capital markets not being favourable for funding resulting in the Company not being able to obtain financing when required or on acceptable terms.
The Company will be able to carry out anticipated business plans.	The operating activities of the Company for the eighteen months ending December 31, 2017 will be consistent with the Company's current expectations.	Sufficient funds not being available; increases in costs; the Company may be unable to retain key personnel.

Inherent in forward-looking statements are risks, uncertainties and other factors beyond the Company's ability to predict or control. Please also make reference to those risk factors referenced in the "Risk Factors" section below. Readers are cautioned that the above chart does not contain an exhaustive list of the factors or assumptions that may affect the forward-looking statements, and that the assumptions underlying such statements may prove to be incorrect. Actual results and developments are likely to differ, and may differ materially, from those expressed or implied by the forward-looking statements contained in this Interim MD&A.

Forward-looking statements involve known and unknown risks, uncertainties and other factors that may cause the Company's actual results, performance or achievements to be materially different from any of its future results, performance or achievements expressed or implied by forward-looking statements. All forward-looking statements herein are qualified by this cautionary statement. Accordingly, readers should not place undue reliance on forward-looking statements. The Company undertakes no obligation to update publicly or otherwise revise any forward-looking statements whether as a result of new information or future events or otherwise, except as may be required by law. If the Company does update one or more forward-looking statements, no inference should be drawn that it will make additional updates with respect to those or other forward-looking statements, unless required by law.

Description of Business

The principal business of the Company is the acquisition, exploration and development of mineral property interests located in the Gold Rock District of Northwestern Ontario. To date, the Company has not earned any revenue from operations.

The principal mineral assets of the Company at the date of this Interim MD&A consist of (i) a 100% interest in the Kenwest property, located in Kenora Mining Division, Ontario; and (ii) a 100% interest in the Gaffney property, located in Kenora Mining Division, Ontario. The Company also holds claims for other properties located in Kenora Mining Division.

The Company is a reporting issuer in British Columbia, Alberta, Saskatchewan, Manitoba and Ontario and trades on the TSX Venture Exchange under the symbol "MTU".

Operational Highlights

On July 29, 2016, the Company closed a non-brokered private placement pursuant to which it has issued an aggregate of 7,000,000 units at a price of \$0.055 per unit to raise aggregate gross proceeds of \$385,000. Out of the aggregate of 7,000,000 units, 1,000,000 were subscribed by Mr. Richard Murphy, Chief Executive Officer ("CEO") of the Company.

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Trends

Management regularly monitors economic conditions and estimates their impact on the Company's operations and incorporates these estimates in both short-term operating and longer-term strategic decisions. During the six months ended June 30, 2016, equity markets in Canada showed signs of improvement, with equities increasing significantly during this period. Strong equity markets are favourable conditions for completing a public merger, financing or acquisition transaction. Apart from these and the risk factors noted under the heading "Risk Factors", management is not aware of any other trends, commitments, events or uncertainties that would have a material effect on the Company's business, financial condition or results of operations. See "Risk Factors" below.

Technical Disclosure

The technical disclosure in this Interim MD&A has been prepared under the supervision of Mr. Richard Murphy, P.Geo., and a "qualified person" within the meaning of National Instrument 43-101. Mr. Richard Murphy is the President and CEO of the Company.

Financial Highlights

Financial Performance

Three months ended June 30, 2016, compared with three months ended June 30, 2015

Manitou's net loss totaled \$71,567 for the three months ended June 30, 2016, with basic and diluted loss per share of \$0.00. This compares with a net loss of \$225,727 with basic and diluted loss per share of \$0.00 for the three months ended June 30, 2015. The decrease in net loss of \$154,160 was principally because:

- Office and general decreased to \$64,106 for the three months ended June 30, 2016 (three months ended June 30, 2015 - \$97,735). The decrease was primarily due to lower support costs and cost reductions for the Company's operations.
- Exploration and evaluation expenditures decreased to \$659 for the three months ended June 30, 2016 (three months ended June 30, 2015 - \$16,096). Costs related to geological modelling and care and maintenance costs.
- Interest income marginally increased to \$98 during the three months ended June 30, 2016, compared to \$nil during the three months ended June 30, 2015. The Company had guaranteed investment certificates ("GICs") which matured on May 27, 2016.
- Option-based payments decreased to \$nil during the three months ended June 30, 2016, compared to \$102,000 during the three months ended June 30, 2015.
- All other expenses related to general working capital.

As at June 30, 2016, the Company had assets of \$98,695 and a net equity position of \$86,589. This compares with assets of \$268,797 and a net equity position of \$234,704 at December 31, 2015. The Company has \$12,106 of liabilities and no debt (December 31, 2015 – \$34,093 of liabilities and no debt).

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Current and Future Plans Related to the Kenwest Project

The following table summarizes the Company's current plans at the Kenwest Project, the total estimated costs, and total expenditures incurred to date.

Summary of Completed Activities (Six months ended June 30, 2016)	(A) Spent	Plans for the Project	(B) Planned Expenditures ⁽²⁾
Initiated geological and modelling and interpretation	\$10,285	Geological modelling. ⁽¹⁾ Care and maintenance until a financing can be completed, and/or a favourable strategic partnership or monetization is arranged.	\$nil
Subtotals	\$10,285		\$nil
Total (A+B)			\$10,285

⁽¹⁾ For the time being, the Company has deferred all exploration activities on the Kenwest Project.

⁽²⁾ Total cumulative exploration activities incurred on the Kenwest Project to June 30, 2016 amounted to \$5,282,021 (December 31, 2015 - \$5,271,736).

Current and Future Plans Related to the Gaffney Property

The following table summarizes the Company's current plans at the Gaffney property, the total estimated costs, and total expenditures incurred to date.

Summary of Completed Activities (Six months ended June 30, 2016)	(A) Spent	Plans for the Project	(B) Planned Expenditures ⁽²⁾
Care and maintenance.	\$2,666	Geological modelling. ⁽¹⁾ Care and maintenance until a financing can be completed, and/or a favourable strategic partnership or monetization is arranged.	\$nil
Subtotals	\$2,666		\$nil
Total (A+B)			\$2,666

⁽¹⁾ For the time being, the Company has deferred all exploration activities on the Gaffney property.

⁽²⁾ Total cumulative exploration activities incurred on the Gaffney property to June 30, 2016 amounted to \$4,612,211 (December 31, 2015 - \$4,609,545).

Other Projects

Other projects are on hold at the date of this Interim MD&A. Subject to the availability of cash, staff and time, exploration programs and budgets may be developed for Manitou's other projects.

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Cash Flow

At June 30, 2016, the Company had cash and cash equivalents of \$76,049. The decrease in cash and cash equivalents of \$179,826 from the December 31, 2015 cash and cash equivalents balance of \$255,875 was as a result of cash outflow in operating activities of \$179,826. Operating activities were affected by adjustments of option-based payments of \$4,500 and net change in non-cash working capital balances of \$31,711 because of an increase in amounts receivable and other assets of \$9,724 and a decrease in amounts payable and other liabilities of \$21,987.

The Company believes that additional financing will be required to fund its operating expenses and maintain its mineral properties beyond December 31, 2017 (see "Subsequent Event").

Liquidity and Capital Resources

The activities of the Company, principally the acquisition and exploration of properties prospective for precious metals, are financed through the completion of equity transactions such as equity offerings and the exercise of stock options and warrants. There is no assurance that future equity capital will be available to the Company in the amounts or at the times desired by the Company or on terms that are acceptable to it, if at all. See "Risk Factors" below.

The Company has no operating revenues and therefore must utilize its current cash reserves, funds obtained from the exercise of warrants and stock options and other financing transactions to maintain its capacity to meet ongoing operating activities. As of June 30, 2016, the Company had 55,022,411 common shares issued and outstanding and 4,250,000 options outstanding that would raise \$425,000 if exercised in full. This is not anticipated in the immediate future. See "Trends" above.

Amounts payable and other liabilities decreased to \$12,106 at June 30, 2016, compared to \$34,093 at December 31, 2015, and consist of amounts that are to be extinguished in due course. The Company's cash and cash equivalents as of June 30, 2016 is sufficient to pay these liabilities.

At June 30, 2016, the Company had working capital of \$86,589, compared to \$234,704 at December 31, 2015, a decrease of \$148,115, or approximately 63%. The Company had cash of \$76,049 at June 30, 2016, compared to \$255,875 at December 31, 2015, a decrease of \$179,826, or approximately 70%. The decrease in working capital and cash can be attributed to costs related to maintaining the Company's minerals properties and operating expenses.

While the Company has no source of revenue, it believes it has sufficient cash resources to meet its administrative overhead and maintain its mineral investments on a care and maintenance basis, depending on future events, to December 31, 2017. The Company estimates its administrative overhead for fiscal 2016 and 2017 to be approximately \$220,000. In order to meet future expenditures and cover administrative and exploration costs beyond December 31, 2017, the Company will need to raise additional financing (see "Subsequent Event"). Although the Company has been successful in raising funds to date, there can be no assurance that adequate funding will be available in the future, or under terms favourable to the Company. See "Risk Factors" below and "Caution Regarding Forward-Looking Statements" above.

Disclosure of Internal Controls

Management has established processes to provide them with sufficient knowledge to support representations that they have exercised reasonable diligence to ensure that (i) the unaudited condensed consolidated interim financial statements do not contain any untrue statement of material fact or omit to state a material fact required to be stated or that is necessary to make a statement not misleading in light of the circumstances under which it is made, as of the date of and for the periods presented by the

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unaudited condensed consolidated interim financial statements; and (ii) the unaudited condensed consolidated interim financial statements fairly present in all material respects the financial condition, financial performance and cash flows of the Company, as of the date of and for the periods presented.

In contrast to the certificate required for non-venture issuers under National Instrument 52-109 Certification of Disclosure in Issuers' Annual and Interim Filings ("NI 52-109"), the Venture Issuer Basic Certificate filed by the Company does not include representations relating to the establishment and maintenance of disclosure controls and procedures ("DC&P") and internal control over financial reporting ("ICFR"), as defined in NI 52-109. In particular, the certifying officers filing such certificate are not making any representations relating to the establishment and maintenance of:

- (i) controls and other procedures designed to provide reasonable assurance that information required to be disclosed by the issuer in its annual filings, interim filings or other reports filed or submitted under securities legislation is recorded, processed, summarized and reported within the time periods specified in securities legislation; and
- (ii) a process to provide reasonable assurance regarding the reliability of financial reporting and the preparation of unaudited condensed consolidated interim financial statements for external purposes in accordance with the issuer's generally accepted accounting principles (IFRS).

The Company's certifying officers are responsible for ensuring that processes are in place to provide them with sufficient knowledge to support the representations they are making in such certificate. Investors should be aware that inherent limitations on the ability of certifying officers of a venture issuer to design and implement on a cost effective basis DC&P and ICFR as defined in NI 52-109 may result in additional risks to the quality, reliability, transparency and timeliness of interim and annual filings and other reports provided under securities legislation.

Transactions with Related Parties

Related parties include the Board of Directors, close family members and enterprises that are controlled by these individuals as well as certain persons performing similar functions.

The noted transactions below are in the normal course of business and are measured at the exchange amount, as agreed to by the parties, and approved by the Board of Directors in strict adherence to conflict of interest laws and regulations.

During the three and six months ended June 30, 2016, the Company paid professional fees and disbursements of \$8,640 and \$16,510, respectively (three and six months ended June 30, 2015 - \$9,366 and \$18,947, respectively) to Marrelli Support Services Inc. ("Marrelli Support"), an organization of which Carmelo Marrelli is President. Carmelo Marrelli is the Chief Financial Officer ("CFO") of the Company. These services were incurred in the normal course of operations for general accounting and financial reporting matters. As at June 30, 2016, Marrelli Support was owed \$nil (December 31, 2015 - \$nil).

During the three and six months ended June 30, 2016, the Company paid professional fees and disbursements of \$2,352 and \$5,429, respectively (three and six months ended June 30, 2015 - \$6,531 and \$11,212, respectively) to DSA Corporate Services Inc. ("DSA"), a firm providing corporate secretarial and filing services and affiliated with Marrelli Support through common ownership. These services were incurred in the normal course of operation of corporate secretarial matters. As at June 30, 2016, the Company had a credit of \$3,261 with DSA (December 31, 2015 - the Company owes DSA \$2,453 and this amount is included in amounts payable and other liabilities) and this amount is included in prepaid expenses.

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Under an office rental agreement beginning July 2015 with a company controlled by a director of the Company, the Company was committed to a monthly rental payment of \$1,500 until June 2016. However, this amount was reduced to \$1,000 per month in February 2016 and the lease terminated prematurely in March 2016. During the three and six months ended June 30, 2016, the Company paid rent of \$nil and \$3,500, respectively, to the director's company.

Salaries paid to key management personnel for the three and six months ended June 30, 2016 totaled \$29,265 and \$57,760, respectively (three and six months ended June 30, 2015 - \$48,116 and \$77,001, respectively). Option-based payments to key management personnel for the three and six months ended June 30, 2016 totaled \$nil (three and six months ended June 30, 2015 - \$95,625). Key management personnel are comprised of the Company's President and Chief Executive Officer ("CEO") and the Company's CFO. As at June 30, 2016, key management personnel were owed \$nil (December 31, 2015 - \$nil).

Remuneration of directors and key management of the Company was as follows:

	Three Months Ended June 30, 2016 (\$)	Three Months Ended June 30, 2015 (\$)	Six Months Ended June 30, 2016 (\$)	Six Months Ended June 30, 2015 (\$)
Salaries				
Richard Murphy, President and CEO	20,625	27,500	41,250	27,500
Wayne Whymark (Au Prospects), consulting fees (former director)	nil	3,750	nil	22,500
Carmelo Marrelli (Marrelli Support), CFO	8,640	9,366	16,510	18,947
Ron Arnold, (director)	nil	3,750	nil	3,750
Garett MacDonald, (former director)	nil	2,250	nil	2,250
Robert Scott Heatherington, (former director)	nil	1,500	nil	1,500
Harold Tracanelli, (former director)	nil	nil	nil	554
	29,265	48,116	57,760	77,001

	Three Months Ended June 30, 2016 (\$)	Three Months Ended June 30, 2015 (\$)	Six Months Ended June 30, 2016 (\$)	Six Months Ended June 30, 2015 (\$)
Option-based payments ⁽¹⁾				
Richard Murphy, President and CEO	nil	51,000	nil	51,000
Craig Stanley, director	nil	12,750	nil	12,750
Guy Mahaffy, director	nil	12,750	nil	12,750
Ron Arnold, (director)	nil	12,750	nil	12,750
Carmelo Marrelli (Marrelli Support), CFO	nil	6,375	nil	6,375
	nil	95,625	Nil	95,625

⁽¹⁾ The dollar values in respect of the options were arrived at using the Black-Scholes pricing model.

To the knowledge of the directors and officers of the Company, as at June 30, 2016 and December 31, 2015, no person or corporation beneficially owns or exercises control or direction over common shares of

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the Company carrying more than 10% of the voting rights attached to all the common shares of the Company.

As of June 30, 2016, directors and officers of the Company control an aggregate of 4,011,000 common shares (December 31, 2015 - 3,298,000 common shares) or approximately 7.29% of the shares outstanding (December 31, 2015 - 5.99% of the shares outstanding). These holdings can change at any time at the discretion of the owner.

Pursuant to an executive employment agreement with the CEO, in the event of termination, the CEO is entitled to 12 months' base salary plus a further month's salary for each completed year of service since May 1, 2015. In the event of a change of control of the Company, the CEO is entitled to receive a payment equal to 24 months' base salary in the sum of \$168,000.

Outlook

Although there can be no assurance that additional funding will be available to the Company, management is of the opinion that the gold price will be favourable, and hence it may be possible to obtain additional funding for its projects.

Notwithstanding, the Company is mindful that the gold price could fall with little or no warning. Accordingly, its plans for the near term are to maintain its properties on a care and maintenance basis, to monitor market fundamentals, and to ensure that the Company is well positioned to weather any possible resurgence of a market downturn. See "Risk Factors".

Risk Factors

An investment in the securities of the Company is highly speculative and involves numerous and significant risks. Such investment should be undertaken only by investors whose financial resources are sufficient to enable them to assume these risks and who have no need for immediate liquidity in their investment. Prospective investors should carefully consider the risk factors that have affected, and which in the future are reasonably expected to affect, the Company and its financial position. Please refer to the section entitled "Risk Factors" in the Company's Annual MD&A for the fiscal year ended December 31, 2015, available on SEDAR at www.sedar.com.

Subsequent Event

On July 29, 2016, the Company closed a non-brokered private placement pursuant to which it has issued an aggregate of 7,000,000 units at a price of \$0.055 per unit to raise aggregate gross proceeds of \$385,000. Each unit consists of one common share of the Company and one share purchase warrant (a "Warrant"). Each Warrant entitles the holder thereof to acquire one additional common share of Manitou at \$0.075 until July 29, 2018, provided that if at any time following November 29, 2016, the volume weighted average price of the common shares of the Company on the TSX Venture Exchange or other stock exchange where the majority of trading volume occurs exceeds \$0.15 for more than 20 consecutive trading days, the Company may provide written notice to the holders of the Warrants and the Warrants will thereafter expire on the 30th day following the provision of such notice. An insider of the Company subscribed for an aggregate 1,000,000 units, being Mr. Richard Murphy, CEO of the Company.

In connection with the non-brokered private placement, the Company has also issued an aggregate of 350,000 finder's units ("Finder's Units") and 350,000 broker warrants ("Broker Warrants") to certain eligible finder's assisting in the financing. The Finder's Units bear the same terms and conditions as the units. Each Broker Warrant entitles the holder thereof to acquire one unit at an exercise price of \$0.055 until July 29, 2018.